

Oconee County School Nutrition High School Menu

OCHS Manager: Kim Knupp (kknupp@oconeeschools.org) 706-769-6655, ext. 1122

NOHS Manager: Chris Reisigl (creisigl@oconeeschools.org), 706-769-7760, ext. 7202

*All lunches include an 8 oz. carton of flavored or unflavored milk

Customers are encouraged to pick up and enjoy all of the fruits and vegetables offered. Student customers are required to select a fruit or vegetable.

Meal benefits are valid at breakfast AND lunch.

These lines repeat weekly:

	Monday	Tuesday	Wednesday	Thursday	Friday
Grill/Pizza:	Cheese/Pepperoni Pizza	Hot dog	Cheese/Pepperoni Pizza		Cheese/Pepperoni Pizza
On the Go:	Sub/Salad Variety	Sub/Salad Variety	Sub/Salad Variety	Sub/Salad Variety	Sub/Salad Variety
Supreme:	Chicken Fillet/Tri-Taters	Chicken Nuggets OR Spicy Nuggets both with Mac-Cheese	Chili Cheese Fries/Roll OR Spicy Chicken/CC Fries (alternating weeks)	Chicken Tenders/Mashed Potatoes/Roll	Cheeseburger/CC Fries

Mom's Homecooking Line

<p>March 2 Beef & Cheese Nachos</p> <p><u>Sides available for all:</u> Golden Corn Kernels Refried Beans Baby Carrots Chilled Pears Peach Cups Fresh Whole Fruit</p>	<p>March 3 Shrimp & Puppies</p> <p><u>Sides available for all:</u> English Peas Potato Tots Frozen Strawberry Cup Applesauce Cup Fresh Whole Fruit</p>	<p>March 4 Chicken Parmesan/Pasta</p> <p><u>Sides available for all:</u> Baked Italian Tomatoes Caesar Salad Pineapple Tidbits Mixed Fruit Fresh Whole Fruit</p>	<p>March 5 BBQ Pork Plate/Pasta Salad</p> <p><u>Sides available for all:</u> Baby Lima Beans Steamed Squash & Onions Frozen Peach Cup Applesauce Cup Fresh Whole Fruit</p>	<p>March 6 Pork Fajita</p> <p><u>Sides available for all:</u> Seasoned Pinto Beans Steamed Carrots Red Box Raisins Mandarin Oranges Fresh Whole Fruit</p>
<p>March 9 Abuela's Chicken Fajita/Rice</p> <p><u>Sides available for all:</u> Confetti Beans Broccoli-Cauliflower Medley Baby Carrots Frozen Whole Strawberries Chilled Applesauce Fresh Whole Fruit</p>	<p>March 10 Scrambled Eggs with Sausage/Pancakes</p> <p><u>Sides available for all:</u> Potato Tots Baby Carrots Strawberry Cup Pear Slices/Halves Fresh Whole Fruit</p>	<p>March 11 BBQ Chicken w/ Roll</p> <p><u>Sides available for all:</u> Baked Beans Fresh Made Cole Slaw Baby Carrots Applesauce Cup Frozen Peach Cup Fresh Whole Fruit</p>	<p>March 12 Spaghetti/Meat Sauce</p> <p><u>Sides available for all:</u> California Vegetables Steamed Broccoli Pineapple Tidbits Apricot Cup Fresh Whole Fruit</p>	<p>March 13 Student Holiday Or Weather Makeup Day</p>

Students must pick up at least one fruit or vegetable for their meal to be charged as a meal. Free or reduced price benefits are valid at lunch and breakfast.

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Supreme:	Chicken Fillet/Tri-Taters	Chicken Nuggets/Mac-Cheese	Chili Cheese Fries/Roll OR Spicy Chicken/CC Fries (alternating weeks)	Chicken Tenders/Mashed Potatoes/Roll	Cheeseburger/CC Fries

Mom's Homecooking line:

<p>March 16 Tia's Beef & Cheese Nachos</p> <p><u>Sides available for all:</u> Seasoned Black Beans California Medley Vegetables Baby Carrots Baby Box Raisins Cinnamon Apples Fresh Whole Fruit</p>	<p>March 17 Baked Rotini</p> <p><u>Side items available to all:</u> Five-Way Mixed Veggies Caesar Salad Baby Carrots Chilled Pears Diced Peach Cup Fresh Whole Fruit</p>	<p>March 18 Turkey & Gravy with Brown Rice</p> <p><u>Side items available to all:</u> Southern Green Beans Baby Carrots Lima Beans Frozen Strawberry Cup Mandarin Oranges Fresh Whole fruit</p>	<p>March 19 Stuffed Cheese Sticks/ Marinara Sauce</p> <p><u>Side Items Available to All:</u> Steamed Broccoli Roasted Seasoned Potatoes Baby Carrots Pineapple Fruit Cocktail Fresh Whole Fruit</p>	<p>March 20 Chicken Fajita Soft Taco</p> <p><u>Side Items Available to All:</u> Confetti Beans Catalina Vegetables Applesauce Cup Strawberries Fresh Whole Fruit</p>
<p>March 23 SW Bean & Cheese Quesadilla</p> <p>"Meatless Monday"</p> <p><u>Sides Available for all:</u> Mexicali Corn Baby Carrots Baked Apples Mandarin Oranges Fresh Whole Fruit</p>	<p>March 24 Sloppy Joe on a Bun</p> <p><u>Sides available for all:</u> Fresh Made Cole Slaw Potato Tots Frozen Strawberry Cup Applesauce Cup Fresh Whole Fruit</p>	<p>March 25 Chicken Alfredo/Rotini</p> <p><u>Sides available for all:</u> Steamed Broccoli Baby Carrots Applesauce Cup Chilled Pears Fresh Whole Fruit</p>	<p>March 26 Country Fried Steak/Roll</p> <p><u>Sides available for all:</u> Baby Lima Beans Candied Sweet Potatoes Frozen Peach Cup Baby Box Raisins Fresh Whole Fruit</p>	<p>March 27 (Chicken) Taco Casserole</p> <p><u>Sides available for all:</u> Seasoned Pinto Beans Steamed Carrots Applesauce Cup Mixed Fruit Fresh Whole Fruit</p>

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